



Communion at Pine Grove

By the Elders at PGBC – January 2016

What is the significance of communion at Pine Grove?

Communion is the time during the Sunday service when we, as a body of believers, pause to remember the death, resurrection, and imminent return of our Lord Jesus Christ. This is a time of reflection, remembrance and testimony. It is also, we believe, the most important time of the service, and for this reason will not be rushed or treated as a last-minute addition.

We use bread and grape juice to recreate our Lord's last supper before His crucifixion. This is done out of obedience, as commanded in Luke 22 and 1 Corinthians 11, and we do this weekly. We use juice instead of wine so that all may participate. Likewise we provide a gluten free option for those with dietary concerns.

What makes communion so special is that it is a time for believers to celebrate – yes, celebrate – this most important death and resurrection, and declare to the world we await his return.

Who can take the elements?

At Pine Grove, we welcome all believers to join us in taking the elements. We do not place an age limit on communion. If a child has made a sincere profession of faith, and understands what communion represents, we would welcome that child to take part. We leave it to parents to decide when their faith-professing children can take the bread and juice. If a parent has any doubts or questions, they are more than welcome to speak with an elder for guidance or advice.

How should I prepare?

Scripture provides us with guidance on how we should approach communion. First, we must be assured we have accepted Christ as our Lord and Saviour. Taking the elements as a non-Christian threatens to "arouse the Lord's jealousy"; in fact, Scripture calls it a sin against the church (see 1 Cor. 10:22 and Cor. 11:27). Clearly, the Bible takes this seriously, as should we all. If you doubt whether you are a Christian, or if Christ is truly in your life, feel free to speak with an elder in confidence.

Scripture instructs us to examine ourselves (1 Cor. 11:28) before taking the elements. Spend time beforehand in quiet prayer and thought; are there issues with God that need to be confessed? Scripture also encourages us to reconcile with others before worship (Mat. 5:23-24). If there is division or conflict in your life, we encourage you to take those first reconciliation steps before Sunday.

Can I let the elements pass by?

You can let the elements pass with no fear of being singled out or questioned. If you are not a believer, we strongly encourage you to refrain from partaking of the juice and the bread. If you are a believer we encourage you to confess any sin in your life which you feel makes you unworthy of the bread and the juice and to then take the elements knowing you are pure and completely justified in God's eyes.

What if I have questions?

Feel free to call any elder you are comfortable with. We would love to talk with you!